

Berkshire & Buckinghamshire

bride

2019

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GOOD TO GLOW

Local experts answer your bridal beauty questions

BRUSHING UP

Will a veil influence the hairstyles I can choose?

“It depends on the style of the veil and the hairstyle you choose. For example, a long, heavy, cathedral-style veil might not work for a bride with fine, delicate hair.”

Gabrielle Staniszewski, *Hair and Make-up* by Gabrielle, hairbygabrielle.co.uk

“You can incorporate a veil into many hairstyles. For example, if you choose a high bun you could wear the veil underneath or, for a traditional veil-over-the-face look, wear in front of the bun.”

Jo, *Jo Stringer Bridal & Occasions*, jostringer.com



LEANNE JADE PHOTOGRAPHY

“This bride was so effortlessly glamorous, it was easy to create this stunning look.” *Jo Stringer*

When should I dye my hair for the wedding?

“If you’re looking for a complete colour change, do it well in advance – I wouldn’t recommend experimenting with your colour directly before the wedding. Hair that has settled after a few washes looks much more natural.”

Gabrielle Staniszewski, *Hair and Make-up* by Gabrielle

MADE UP FOR YOU

Should I get semi-permanent lashes?

“I prefer to work with cluster lashes that can last up to five days. Always have a patch test and a set before the wedding so you know what they look like and that you aren’t going to have a reaction.”

Jo, *Jo Stringer Bridal & Occasions*

How do I keep my bridal make-up fresh all day?

“Keeping hydrated and cool will help. Try to dab the tears before they drop on the cheeks but if they do, dab with tissue – don’t wipe tears across your face.”

Jo, *Jo Stringer Bridal & Occasions*



LISA PAVNE PHOTOGRAPHY

“A soft and romantic updo and make-up for a bride with a flair for modern, relaxed elegance.” *Gabrielle Staniszewski*

READY, SET, SMILE

How can I keep my teeth pearly white before the wedding?

“After having your teeth cleaned, avoid heavy-staining foods and drinks before your big day to keep them sparkly white. The main stain building culprits are red wine, coffee, any food or drinks with turmeric in them and, of course, smoking.”

Dr Slaine McGrath, *Define Clinic*, defineclinic.com



Get your pearly whites in top condition for the big day

When should I have my teeth whitened before the big day?

“Ideally, whiten your teeth close to your wedding date. Custom-made whitening trays can take two weeks to be made and a course of home whitening generally takes two weeks. See your dentist at least six weeks before the big day. If you have fillings, crowns or veneers on your front teeth these won’t get whiter and may need replacing after the whitening treatment. This will take time to execute so it’s best to see your dentist as soon as possible.”

Dr Slaine McGrath, *Define Clinic* ♥